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Abstract of the Invention

This invention is directed to a method for preventing or treating bipolar disorder comprising administering to a subject in need thereof a therapeutically effective amount of an enantiomer of Formula (I) or enantiomeric mixture wherein one enantiomer of Formula (I) predominates:

$$R_3$$
 R_4
 R_1
 R_2

Formula (I)

wherein phenyl is substituted at X with one to five halogen atoms selected from the group consisting of fluorine, chlorine, bromine and iodine; and, R_1 , R_2 , R_3 and R_4 are independently selected from the group consisting of hydrogen and C_1 - C_4 alkyl; wherein C_1 - C_4 alkyl is optionally substituted with phenyl (wherein phenyl is optionally substituted with substituents independently selected from the group consisting of halogen, C_1 - C_4 alkyl, C_1 - C_4 alkoxy, amino, nitro and cvano).

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